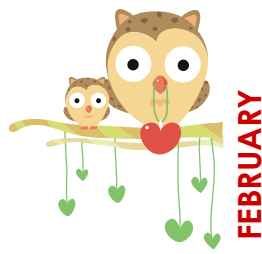


JANUARY



FEBRUARY



MARCH



APRIL

Quilt Basket Winter/Spring 2012

845.227.7606 www.quiltbasket.com

European Study on Quilting



There have been studies done on everything

from toenail growth to how many different ways you can use Baking Soda. Well, FINALLY there is a study we can get behind: a group in Britain study the benefits of quilting.

The study found quilting improved well-being in ways that physical and outdoor activities didn't, and offered a creativity that had been 'stifled' in the modern world.

The Glasgow team concluded that all should be looked at for their mental and physical benefits.

They interviewed quilters and found the activity helped their cognitive, creative and emotional well-

being, particularly among older people.

The use of bright colors was 'uplifting', the activity distracted from the stress of work, and quilting offered challenges such as math and geometry. It also increased confidence and had an important social side.



Professor Jacqueline Atkinson, co-author of the study and a quilter herself for five decades, said: 'Doing something that engages you and that you enjoy is key. As adults, we don't often do enough that includes fun and play.'

The study concluded that: Whether it is growing vegetables, knitting a sweater or discovering a new scientific formula, creativity may be fundamental for wellbeing and has received little atten-

tion so far within public health.

Emma Walker, CEO of Craft Scotland, said the research backs up what they are seeing on the ground.

She said: We've definitely seen an increase in groups doing quilting socially but also individuals.

Historically older groups of women did quilting but women in their early 20s are getting together and children's groups are also taking it up.

People are investing in quality pieces of quilting, but also looking to make items themselves and re-use materials they have in their homes.

'I can only see the popularity increasing.'



Closed:

4/8—Easter

On The Road:

- 3/14-17—Lancaster Quilt Show, Lancaster PA
- 3/24-25—LIQS Garden City Field House
- 4/21-22—Quilters Guild of Brooklyn Block Institute
- 5/5-6—Northern Star Quilt Guild, Somers NY

Clubs:

• QB's Strips Plus— Join the fun. Saturday mornings from 9-10; \$5 per class 1/28, 2/25, 3/31, 4/28

BOM:

\$5 BOM; Saturday 10-11; \$5 per class 1/14, 2/11, 3/10, 4/14

Exclusively at Quilt Basket — Mary Beth Krapil

Join us on March 2 & 3 for these amazing classes taught by Mary Beth Krapil. Mary Beth is a Handiquilter educator, MQX instructor, she is Art & Stitch certified, and an award-winning quilter!

3/2 a.m. - Golden Threads, Fun of Finishing. (longarm or domestic quilting)

3/2 p.m. - Art & Stitch, Designing Backgrounds

3/3 a.m. - Introduction to Pro-Stitcher, Computerized Quilting for HQ Machines

3/3 p.m. - Advanced Pro-Stitcher

Come to all 4 sessions or pick and choose. \$20 per session. Take 2 sessions on the same day & lunch is included. **LIMITED SEATING.**

Going Green

Once a month you are entitled to a one day, **20% off** sale.

January-thread
February-red fabric

March-notions

April-batting

Block of the Month Day or Night

Choose your BOM project and sew, sew, sew!

Paint the Town—Island Batiks by Swirly Girls

Stonehenge by Marti Mitchell

Complete your \$5 BOM or any other projects you need help with.

Instructor: Cathy

Skill: Beginner

Fee: \$10

Dates: 1/26, 2/23, 3/22, 4/26 6-8

Lets Get Started Great class for new quilter or those who need a refresher. If you are interested in our \$5 a month quilt, this could be just what you need.

Instructor: Cathy Fee: \$10
Skill: Beginner
Saturday 1/7 10-12

Hunter's Star Using Rapid Fire ruler by Deb Tucker we will create a perfect block. Can be planned, scrap or use a combination of 10" squares & 2½" strips.

Instructor: Cathy Fee: \$45
Skill: Intermediate
Dates: 2/9, 2/16, 3/1 10-12 OR 6-8

Feathered Star Using our pattern in Quilter Magazine we will learn all the techniques necessary to completing this bed size feathered star.

Instructor: Cathy 10:30-12:30
Skill: Intermediate Fee: \$90
Dates: 1/28, 2/11, 2/25, 3/10, 3/31, 4/14

Three Bags, Three Months Join us to make 1 bag or all 3. Each bag will be unique.

Instructor: Denise Gaidis
Skill: Beginner to Intermediate
Fee: \$90 for all 3 or \$30 for 1
Dates: 3/15 & 3/29, 4/5 & 4/19, 5/10 & 5/24

Strippy Accents focuses on free form cutting and the piecing of small strips of fabric to create a contemporary wall hanging.

Instructor: Denise Gaidis Fee: \$45
Skill: Intermediate
Dates: 2/14, 2/21, 2/28 6-8

The NEW Camp Shirt What a great comfortable shirt. This new pattern is more fitted and has a variety of styles from which to choose. Check out the sample at the shop.

Instructor: Sue Goth
Skill: Advanced Beginner Fee: \$45
Dates: 3/6, 3/13, 3/20 6-8

Beginner 101 Using a 4-patch block make a lap size quilt using basic quilting techniques.

Instructor: Cathy Anderson
Skill: Beginner Fee: \$60
Dates: 1/20, 1/27, 2/10, 2/17 10-12

Blog: QuiltBasketNY.BlogSpot.com

Email: Make sure we have your email. Our emails include exclusive discounts, new fabric lines, workshops, and class updates.

Machine Quilting Classes

The Latest in Longarm Quilting 2-hour information-filled seminar. Learn a new technique & take home a pattern to practice your new skill. Learn how to simply re-size designs, preview the patterns on your quilt top, & transfer the designs to the fabric with ease.
Saturday 1/14 10-12 Fee: \$25

Borders Rule! If you love the strong look of lines in your borders, this template-based class is for you. This class is full of low-math & no-math ways to turn your corners.
Saturday 1/14 1-5 Fee: \$75

Freehand Free-For-All If the thought of freehand quilting makes you break out in a cold sweat, come & learn how simple freehand quilting can be. I will teach you some simple shapes & then how to mix them to create endless designs. Bring your own machine.
Saturday 1/21 9-12 Fee: \$75

Enter the Matrix If the large areas of your quilt seem overwhelming, chalk a matrix (a grid) & quilt one small area at a time. Choose simple freehand shapes such as swirls or curls, quilt in each field, and make your quilt The One! Bring your own machine.
Saturday 1/21 1-4 Fee: \$75

Longarm Sit-Down Machine Workshop (formerly Sweet 16) Quilting can be serious business, but it is important to have fun! Debby will demonstrate the Quilter's Playtime sampler featuring appliqué, trapunto, couching, thread painting, bobbin work & binding. Come & play with us!
Saturday 2/25 Fee: \$75

The Latest in Longarm Quilting 2-hour information-filled seminar. Learn how to simply resize designs, preview the patterns on your quilt top, & transfer the designs to the fabric. Welcome to candy land! We will start with a basic ribbon candy shape, fill the design, mirror it, repeat it & use it as a background design. Make each quilt a sweet treat!
Saturday 5/12 10-12 Fee: \$25

Longarm Class Whether you are considering the purchase of a longarm machine or desire to learn more about the one you already own, this class will give you the information that you need. Students will practice freehand quilting and quilting with templates. We will also discuss backings, borders, tension and other basic issues.
Saturday 5/12 1-5 Fee: \$75

Machine Quilting Service:

Diane Durr 845.265.2774
Irene McAleny 845.221.9437
Susan Jungerheld 845.928.0880

Private Classes

For \$225, Debby Brown will teach a 4-hour class of your choice for you and/or a small group (2-4) friends. Pick from the classes below and call to arrange a class.

Beyond the Lines Longing for Lines? Striving for circles? Make a striking impact with template-based quilting designs. Students will learn how to safely use acrylic templates with a ruler base. We will start with simple shapes and mix them to create complex-looking designs. Students will then learn to take these designs beyond the lines by adding freehand quilting.

Borders and Beyond Don't stand and stare and wonder what you will do with all of those borders! This class will showcase freehand and template-based border designs. Students will a variety of border designs and how to place them on their quilts for maximum impact.

Freehand Free-for-All If the mere thought of freehand quilting makes you break out in a cold sweat, come and learn how simple freehand quilting can be. I will teach you some simple shapes and then how mix them to create endless designs. Fear freehand no more!

Enter the Matrix If the large areas of your quilt seem overwhelming, chalk a matrix (a grid) and quilt one small area at a time. Choose simple freehand shapes such as swirls or curls, quilt in each field, and make your quilt The One!

Introduction to Longarm Quilting Whether you are considering the purchase of a longarm machine or desire to learn more about the one you already own, this class will give you the information that you need. Freehand quilting and quilting with templates will be demonstrated. We will also discuss backings, borders, tension and other basic issues.

Quilter's Playtime Quilting can be serious business, but it is important to have fun! This technique sampler quilt was made while playing with a longarm machine. It features piecing, applique, trapunto, couching, thread painting, bobbin work and binding. Come and play!

Candy Land Sweeten your quilts with ribbon candy designs. After starting with a basic ribbon candy shape, students will learn how to fill the candy, mirror it, repeat it and use it as a background design. Make each quilt a sweet treat!

Think Big in Small Spaces Micro Quilting. Learn how to make a big impact in a small scale on your own quilts. We'll play with stippling, pebbling, loops, shells, spirals, & other micro-designs.

For Feather-Phobics Only! This class will help you get started. Learn how to form different types of feathers and then learn how to place these feathers in borders, blocks, setting triangles, etc. Fear feathers no more!

Let Me Call You Sweetheart This endearing quilt sampler is all heart. Students will learn how to quilt feathered heart blocks as well as several background heart designs and free-hand heart designs.

Borders Rule! If you love the strong look of lines in your borders, this template-based class is packed full low-math and no-math ways to turn your corners.

Any Given Quilting Pattern The Good news: You have picked out the quilting designs. The bad news: The pattern is the wrong size for your quilt. Learn how to simply re-size designs, preview the patterns on your quilt top, and transfer the designs to the fabric with ease.